

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 12:14:20 PM by Kathleen McCullough

Menu Cycle: Week of January 4, 2021  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	459.02	
Total Fat (g)		7.44	14.60
Sat Fat (g)(1)	< 10.00 % of Calories	1.86	3.66
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		8.45	
Sodium Target 1 (mg) (13)	< 540.00	520.35	
Sodium Target 2 (mg) (13)	< 485.00	520.35	
Carb (g)		83.45	72.72
Total Fiber (g)		2.97	
Total Sugars (g)		18.47(M)	16.10
Added Sugars (g)		4.33(M)	
Protein (g)		13.16	11.47
Iron (mg)		1.75	
Calcium (mg)		351.38	
VitA (IU)		504.90(M)	
VitC (mg)		83.56(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		36.66(M)	
Mois (g)		26.19(M)	
Ash (g)		0.14(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.000	[3.000 - 3.625]	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[5.500 - 6.000]	6.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	6.000	100.00
Meat/MA		0.000	
MILK-F	>= 3.000	3.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		2.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 12:49:33 PM by Kathleen McCullough

Menu Cycle: WEEK of January 11, 2021  
 Week: 1  
 Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	455.15	
Total Fat (g)		6.13	12.12
Sat Fat (g)(1)	< 10.00 % of Calories	1.89	3.74
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		8.36	
Sodium Target 1 (mg) (13)	< 540.00	389.78	
Sodium Target 2 (mg) (13)	< 485.00	389.78	
Carb (g)		85.07	74.76
Total Fiber (g)		4.30	
Total Sugars (g)		35.46(M)	31.16
Added Sugars (g)		0.00(M)	
Protein (g)		13.74	12.07
Iron (mg)		2.25	
Calcium (mg)		400.51	
VitA (IU)		871.65	
VitC (mg)		82.44	
VitD (mcg)		0.00(M)	
Potassium (mg)		0.00(M)	
Mois (g)		234.02(M)	
Ash (g)		1.86(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.000	3.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[5.500 - 6.000]	6.500(c)	
Non-WGR		0.000	
WGR	>= 50.000 % of	6.500	100.00
Meat/MA		0.000	
MILK-F	>= 3.000	3.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

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# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 1:01:38 PM by Kathleen McCullough

Menu Cycle: WEEK of January 25 2021  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	483.90	
Total Fat (g)		7.07	13.14
Sat Fat (g)(1)	< 10.00 % of Calories	1.54	2.87
Trans Fat (g)(2)		0.08(M)	
Chol (mg)		5.05	
Sodium Target 1 (mg) (13)	< 540.00	438.81	
Sodium Target 2 (mg) (13)	< 485.00	438.81	
Carb (g)		94.51	78.12
Total Fiber (g)		5.20	
Total Sugars (g)		33.50(M)	27.69
Added Sugars (g)		0.00(M)	
Protein (g)		13.30	11.00
Iron (mg)		3.26	
Calcium (mg)		463.35	
VitA (IU)		1,109.49	
VitC (mg)		16.18	
VitD (mcg)		0.26(M)	
Potassium (mg)		26.24(M)	
Mois (g)		274.02(M)	
Ash (g)		2.71(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.000	[3.000 - 3.625]	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[5.500 - 6.000]	5.500	
Non-WGR		2.000	
WGR	>= 50.000 % of	3.500	63.64
Meat/MA		0.000	
MILK-F	>= 3.000	3.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>Day 1 Week of Jan 25 2021 - Day: 1</b>	1500																			
<b>Category: Entrees; May Choose: 1</b>																				
Pancake, Mini Pancake Maple Burst'n, Pillsbury, General Mills, 137732, WGR - SR100160 (1 package 1 )	1,500	210.00	6.00	0.50	0.00	0.00	270.00	38.00	2.00	11.00	(M)	4.00	1.08	40.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>day 2 Week Jan 25 2021 - Day: 2</b>	1500																			
<b>Category: Grains; May Choose: 2</b>																				
Cereals ready-to-eat, GENERAL MILLS, Cocoa Puffs, - SR104693 (3/4 c.)	1,500	91.20	1.25	0.19	0.02	0.00	126.72	19.85	1.61	6.19	(M)	1.56	3.60	79.92	400.08	4.80	0.79	78.72	0.43	
UD HS Graham crackers - LR100271 (1 pkg.)	1,500	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	(M)	1.00	0.36	60.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 1:01:38 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>day 3 Week of Jan 25 2021 - Day: 3</b>	1500																		
<b>Category: Entrees; May Choose: 1</b>																			
Pastry, Pop Tarts Frosted Chocolate Fudge, 96/3.6 oz, Kellogg's, Non WG - SR105701 (3 5/8 oz.)	1,500	393.95	9.49	3.27	0.20	0.00	448.04	72.46	2.14	(M)	(M)	5.00	3.57	196.26	981.82	0.00	(M)	(M)	(M)
<b>Category: Grains; May Choose: 2</b>																			
UD MS Graham crackers - LR100333 (28 g.)	750	120.00	3.00	0.00	0.00	0.00	130.00	22.00	2.00	6.00	(M)	2.00	0.72	120.00	600.00	0.00	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 2</b>																			
829475- FRUIT. PLUMS, Fresh Whole 1/2c - AR1127 (1 ea.)	0	29.75	0.18	0.01	0.00	0.00	0.00	7.39	0.91	(M)	(M)	0.45	0.11	3.88	20.70	223.15	(M)	(M)	56.42
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD Bananas, raw - LR100185 (1 cup, mashe)	1,500	200.25	0.74	0.25	(M)	0.00	2.25	51.39	5.85	27.52	(M)	2.45	0.58	11.25	144.00	19.57	(M)	(M)	168.55
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	0	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,475	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

c USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Day 1 Week of Jan 11 2021 - Day: 1</b>	1500																		
<b>Category: Grains; May Choose: 2</b>																			
ud strawberry filled bagel - LR100304 (1 pkg.)	1,500	240.00	6.00	2.50	0.00	10.00	180.00	41.00	2.00	13.00	(M)	6.00	1.08	20.00	100.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>day 2 Week Jan 11 2021 - Day: 2</b>	1500																		
<b>Category: Grains; May Choose: 2</b>																			
Frosted Strawberry Whole Wheat Pop Tarts - LR100096 (1 package 1 )	1,500	360.00	4.50	1.25	0.00	0.00	360.00	74.00	6.00	29.00	(M)	5.00	3.90	200.00	1000.00	0.00	(M)	(M)	0.00
UD HS Graham crackers - LR100271 (1 pkg.)	0	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	(M)	1.00	0.36	60.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Fruits; May Choose: 2</b>																			
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>day 3 Week of Jan 11 2021 - Day: 3</b>	1500																		
<b>Category: Grains; May Choose: 2</b>																			
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	1,500	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	(M)	5.00	1.44	40.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
829475- FRUIT. PLUMS, Fresh Whole 1/2c - AR1127 (1 ea.)	1,500	29.75	0.18	0.01	0.00	0.00	0.00	7.39	0.91	(M)	(M)	0.45	0.11	3.88	20.70	223.15	(M)	(M)	56.42
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>Day 1 Week of January 4, 2021 - Day: 1</b>	1500																			
<b>Category: Grains; May Choose: 2</b>																				
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	1,500	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	(M)	5.00	1.44	40.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	1,425	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>Day 2 Week of January 4 2021 - Day: 2</b>	1500																			
<b>Category: Grains; May Choose: 2</b>																				
UD French Toast, Pillsbury Mini Triple Berry Blast, General Mills, 18000-37308, WGR - LR100209 (1 pouch)	1,500	220.00	7.00	1.50	0.00	5.00	380.00	37.00	2.00	11.00	(M)	4.00	1.08	40.00	(M)	(M)	(M)	(M)	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	



# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
UD CHOC MILK - LR100217 (1 Carton)	1,425	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>day 3 Week of January 4 2021 - Day: 3</b>	1500																		
<b>Category: Grains; May Choose: 2</b>																			
Bread, Soft Filled Cinnamon Toast Crunch Bar, General Mills, 100-18000-10978-1, WGR - SR109504 (1 pkg.)	1,500	260.00	8.00	2.50	0.00	5.00	280.00	40.00	2.00	15.00	13.00	6.00	1.60	30.00	0.00(M)	0.00(M)	0.00	109.98	(M)
<b>Category: Fruits; May Choose: 2</b>																			
829475- FRUIT. PLUMS, Fresh Whole 1/2c - AR1127 (1 ea.)	1,500	29.75	0.18	0.01	0.00	0.00	0.00	7.39	0.91	(M)	(M)	0.45	0.11	3.88	20.70	223.15	(M)	(M)	56.42
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD Bananas, raw - LR100185 (1 cup, mashe)	0	200.25	0.74	0.25	(M)	0.00	2.25	51.39	5.85	27.52	(M)	2.45	0.58	11.25	144.00	19.57	(M)	(M)	168.55
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,425	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 12:57:14 PM by Kathleen McCullough

Menu Cycle: WEEK of January 18 2021  
 Week: 1  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Breakfast  
 Serving Group: K-12  
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	463.27	
Total Fat (g)		6.42	12.48
Sat Fat (g)(1)	< 10.00 % of Calories	1.52	2.95
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		8.39	
Sodium Target 1 (mg) (13)	< 540.00	357.38	
Sodium Target 2 (mg) (13)	< 485.00	357.38	
Carb (g)		90.75	78.36
Total Fiber (g)		4.95	
Total Sugars (g)		33.75(M)	29.14
Added Sugars (g)		4.00(M)	
Protein (g)		13.99	12.08
Iron (mg)		1.49	
Calcium (mg)		333.26	
VitA (IU)		546.05(M)	
VitC (mg)		14.96(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		46.69(M)	
Mois (g)		202.12(M)	
Ash (g)		1.82(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 3.000	[3.000 - 3.625]	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[5.500 - 6.000]	6.000	
Non-WGR		0.000	
WGR	>= 50.000 % of	6.000	100.00
Meat/MA		0.000	
MILK-F	>= 3.000	3.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 12:57:14 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Day 1 Week of January 18 - Day: 1</b>	1500																			
<b>Category: Grains; May Choose: 2</b>																				
Strudel, Cherry Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127851000, WGR - SR102114 (1 frudel)	1,500	210.00	6.00	1.00	0.00	0.00	260.00	37.00	2.00	11.00	(M)	5.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)	
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30	
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68	
<b>day 2 week of January 18 - Day: 2</b>	1500																			
<b>Category: Grains; May Choose: 2</b>																				
Bagels, Pillsbury Pull-Apart Soft Mini Bagels Filled with Cinnamon Neufchatel Cheese, General Mills, 18000-38399 - SR107776 (1 pkg.)	1,500	230.00	6.00	2.00	0.00	10.00	190.00	42.00	2.00	13.00	12.00	6.00	1.60	30.00	0.00(M)	0.00(M)	0.00	140.06	(M)	
<b>Category: Fruits; May Choose: 2</b>																				
Apple, Slices, Peel On, 2 oz. package, Peterson Farms, 203102, F - SR109629 (1 pkg.)	1,500	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00	
<b>Category: Milk; May Choose: 1</b>																				
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)	

# Menu Cycle Week – Nutrient Analysis

Generated on: 12/16/2020 12:57:14 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
UD CHOC MILK - LR100217 (1 Carton)	25	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	1,425	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68
<b>day 3 Week of January 18 - Day: 3</b>	1500																		
<b>Category: Grains; May Choose: 2</b>																			
Waffles, Mini Blueberry Bash Naturally & Artificially Flavored, Pillsbury, General Mills, 32264, WGR - SR105457 (1 pouch)	1,500	210.00	6.00	1.00	0.00	0.00	170.00	37.00	3.00	12.00	(M)	4.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
<b>Category: Fruits; May Choose: 2</b>																			
829475- FRUIT. PLUMS, Fresh Whole 1/2c - AR1127 (1 ea.)	0	29.75	0.18	0.01	0.00	0.00	0.00	7.39	0.91	(M)	(M)	0.45	0.11	3.88	20.70	223.15	(M)	(M)	56.42
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00
UD Bananas, raw - LR100185 (1 cup, mashe)	1,500	200.25	0.74	0.25	(M)	0.00	2.25	51.39	5.85	27.52	(M)	2.45	0.58	11.25	144.00	19.57	(M)	(M)	168.55
<b>Category: Milk; May Choose: 1</b>																			
Strawberry non fat milk - LR100073 (1 Carton)	25	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	(M)	8.00	0.00	300.00	400.00	2.40	(M)	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,425	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	(M)	8.26	0.07	306.25	480.19	0.00	(M)	(M)	220.30
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	(M)	8.26	0.07	299.07	500.08	0.00	(M)	(M)	222.68